

# Massabesic Fall Cheer Clinic



**Dates:** October 17 - 20th

**Time:** 5:30 - 7 pm

**Place:** Massabesic High School Gym

**Price:** \$30.00 per cheerleader (+1 Sibling: \$50, +2 Siblings: \$75)



The **MHS Cheer Clinic** is a fundraiser for the Massabesic High School Varsity Cheerleaders. It is open to ALL boys & girls who are currently in the **RSU 57 District**, 1st through 8th grade. This a great opportunity for your child to experience cheerleading for the first time, or improve upon on their existing cheerleading skills. The clinic will be run by MHS Varsity Coach Samantha Paradis as well as the MHS Varsity Cheerleaders.

Participants at the clinic will also be invited to cheer with the MHS Varsity Cheerleaders during the MHS Varsity Football game on **Friday, October 20th at 7 pm.**

Cheerleaders will spend time working on their motions, cheers, dance, and stunting skills. Participants will be grouped by age to work on these skills.

Athletes should wear comfortable athletic attire, flat sneakers, and bring their own water bottle to the practice days. **Each cheerleader will receive a cheer bow and t-shirt for the football game.**

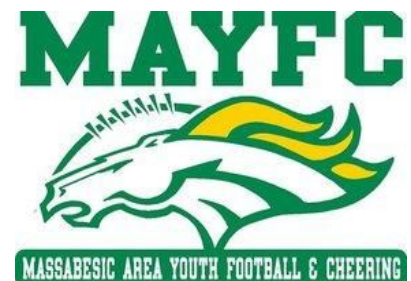
On October 20th, participants will be asked to arrive at the High School for 6p.m. before the game to review the material from the clinic. They can sit as a group with the MHS Varsity coach on the sideline or in the stands with their parents during the first half of the game. They will perform their group routine with the High School cheerleaders and then be released to their parents for the evening.

**Please register by completing the form: <https://goo.gl/NUVESg>**

PAYMENT (Cash or Checks) IS DUE ON OR BEFORE THE FIRST DAY OF THE CLINIC

Payments can be dropped off to the MHS Main Office  
(attn: to Samantha Paradis)  
Checks made out to MHS Cheerleading

Questions can be emailed to [samanthaparadis@rsu57.org](mailto:samanthaparadis@rsu57.org)



**This Clinic is Supported by: MAYFC - Massabesic Area Youth Football & Cheering**