

**JOIN US FOR A SPECIAL SCREENING OF**



*Angst: Raising Awareness Around Anxiety*

**Massabesic High School  
Auditorium  
Thursday, May 24th  
6pm**

The screening will feature a viewing of the 56-minute film,  
followed by a panel discussion led by MHS Counselors

*Angst: Raising Awareness Around Anxiety* is a film designed to open up a dialogue between families, community leaders and experts. The film features candid interviews with several kids and teens who discuss their anxiety and its impacts on their lives and relationships, as well as how they've found solutions and hope. The documentary also provides discussions with mental health experts about the causes of anxiety and its sociological effects, along with help, resources and tools available to address the condition.

Film is appropriate for ages 10 and up.  
View the trailer at <http://angstmovie.com/trailer>

*This event is hosted by the MHS Guidance Department and sponsored by Partners for Healthier Communities.*