

MHS NEWS - March 7th, 2016

Upcoming Dates

3/9 - Prom Project, East Cafe - 2-4pm

3/10 - Sea Dogs Job Fair

3/10 - 3/11 - Tooth Protectors Clinics

3/11 & 3/12 - Theater performance - "The Murder Box" - 6pm, Auditorium

3/22 - Band Concert - 7pm, Auditorium

Updates for all MHS Parents/Guardians:

Please know that the *sky is not falling* at MHS! As you may have heard from your son or daughter last Friday, some adjustments, along with added clarity around school-wide expectations have been made. I had shared in the Weekly Memo after I spoke with students that we needed to tighten some expectations. The student body did make some improvement, but not enough for us not to make further adjustments. These have been made and are now in the updated student handbook. If you want to review the new wording please refer to the student handbook, which you can find at our school's web site. Thanks!

Below are some specific adjustments around student expectations that have been made:

Privileges are not Rights

- Cell Phones, Dances, Technology, Late Arrival, Driving & Parking are Privileges!

Advisory

- Increased focus on "Redo & Retake", practice completion, study or read during this time.
- Students are expected to be with one staff member for the entire Advisory.
- Cell phones are not to be out, unless the student can show their Advisor they are passing ALL of their classes in IC or Empower.

Study Halls

- A new sign-out practice and process has been put into place.
- Increased focus on "Redo & Retake", practice completion, study or read during this time.
- Cell phones are not to be out, unless the student can show our Study Hall Staff they are passing ALL of their classes in IC or Empower.

Cell phones

- Are not to be out during class time. If a student doesn't follow this expectation then their phone is to be turned over to admin, by the teacher.
- Assistant principals will assign a 2-hour detention.

Tardy to begin school day & Tardy to class

- Is now treated the same.
- If a student is late to class they need to report to an office for a late slip.
- An EDD will be issued for different levels of tardiness.

Class time for bathroom and water fountain use

- Have clearer school-wide expectations such as:
 - When students can and cannot leave class
 - Use the closest water fountain & bathroom
 - Only ONE student out at a time!

The Sea Dogs will host a job fair at Hadlock Field this Thursday, March 10th from 12:00 PM to 4:30 PM to hire part-time seasonal employees for the 2016 season. Positions available include ticket operations, concessions, event staff, bat boys, mascot services, souvenir store, ushers, camera operators, and more.

A Tooth Protectors Inc. Dental Hygiene Clinic will be held on March 10 and 11 at MHS. If your son/daughter was seen 9/29/15 or 10/02/15 this is a scheduled 6 month review and cleaning. If you wish to add your son/daughter to the list of students to be seen, please fill out the permission form which is available at the parents toolbar link in the RSU 57 web page, and also available at Student Forms on the MHS web page. Please read the permission form for details about fees and services, and feel free to contact Nancy Sobanik, School Nurse for any questions! Thanks!

I'd like to give a special thanks to our student body for their overall positive sportsmanship at school events this past winter season. This was by far the best sportsmanship during the winter season that I have seen in all my time at MHS! Three cheers to our student body!

This year's Lions Club Speak Out Contest is on Tuesday, April 5. Interested students willing to give a 5-minute speech on a topic of their choice should see Mrs. Haws. Sign up sheets are posted near the entrance to both the West and East Buildings. Participating students need to complete the sign up sheet and return by Monday, March 21st.

Can your son/daughter sing or dance? Do they have a hidden talent? If they do, have them come try out to be in the Talent Show. The show will be hosted by Culture Club and sign up sheets are located outside of Ms. Hunter's and Mrs. Chamoff's rooms! Auditions will be held March 14th-16th after school in Ms. Hunter's room! Hope to see you there!

Our MHS Theater students will be performing their Regional One Act Competition play, "Murder Box" this Friday and Saturday, 6pm at MHS. "Murder Box" by Reid Conrad runs about 40 minutes. We look forward to seeing you there!

Guidance Info

Seniors and Senior Parents or Guardians: If you have not already done so, file your FAFSA at FAFSA.gov in order to access financial aid to pay for college **ASAP!** The earlier you file, the more financial assistance you are likely to receive from the college. If you need help with the FAFSA, the Finance Authority of Maine is available. FAME can be reached at [1-800-228-3734](tel:1-800-228-3734) or by email at education@famemaine.com. They can also be reached on FACEBOOK.

10th Grade Families: The annual MHS College Visit Field trip will take place on Wednesday, April 6th. This past Thursday, March 3rd, students selected their 1st, 2nd, and 3rd choices from among the 13 colleges/universities/trade/tech schools we have the opportunity to visit this year as follows: Univ. of So. Maine, St. Joseph's College, Northeast Technical Institute (NTI), Empire Beauty School, U-Maine Augusta, Maine Technical Education Center (MTEC), Thomas College, Unity College, St. Anselm's, New England College, Suffolk Univ., and Universal Technical Institute (UTI).

The goal of this fieldtrip is not to encourage students to attend a particular college on the list. Rather, MHS Guidance hopes that by stepping foot on the campus of a post-secondary institution your son or daughter will see themselves furthering their education after graduating from MHS.

We also want to acquaint and inspire students to think about their future goals by providing post-secondary planning tools and ideas. Students are doing their research through their Family Connections (Naviance) account in conjunction with this field trip during Advisory.

Please know that students may or may not have the opportunity to visit one of their top 3 choices as we are limited by the seating available on the buses. However, we will try to honor one of their top requests based on the order we get their fieldtrip forms returned to guidance (see attached). **These forms are due back by Thurs. March 10th.** Please contact your son or daughter's guidance counselor with any questions.

MHS Juniors and Families! Upward Bound has let us know that they have room for 2 juniors and 5 freshman to join its program. Upward Bound is a great program that supports low income/potential first

generation college students, helping them prepare for this next step in their education. This program is sponsored by USM. Please feel free to look at their website for more information. If interested, applications can be found on the USM website or in the MHS Guidance Office. We encourage you to consider applying for this outstanding program! <https://usm.maine.edu/trioprogams/trio-upward-bound>

What is TRIO Upward Bound at USM?

TRIO Upward Bound (UB) at USM assists high school students in graduating from high school, preparing for success in college, and graduating from college within six years of enrolling. It provides high school students with:

- Personalized planning and support combined with a wide array of challenging activities and opportunities to help students gain the experience and skills needed for academic and personal success in high school and college;
- A working partnership with students, their families, and school staff to help students achieve their own aspirations of successfully graduating from college;
- Year-round academic support for students through weekly school meetings and summer courses;
- An opportunity for students to develop open minds, self-confidence, creativity, persistence, as well as communication and leadership skills.

What do you do at TRIO Upward Bound?

All students participate in [academic year activities](#) until they graduate from high school. Typically during the summers after each school year, students will attend the residential [UB Summer Academy](#) for a one-week intensive program or a five-week academic program.

What is the cost of TRIO Upward Bound? NOTHING! Services are provided at no cost to students and their parents.

Student Spotlight

Congratulations go to Emily Wasina for receiving the 2016 Maine Principal's Award. Emily will be attending a special banquet in Bangor this April! Way to go Emily!

Congratulations to our MHS Honored Students for January: Jacob Aboud, Zach Alcorn, Leo Amabile, Chris Ames, Nicholas Bagdanovich, Logan Bantly, Brianna Bastarache, Haley Belanger, Elizabeth Brown, Kyle Campbell, Jack Cavanaugh, Joshua Citron, Elizabeth Clock, Andrew Cloutier, Brooke Cox, Alyssa Crowell, Emma Desrochers, Sarah DesVergnes, Alexander Dupras, Savannah Ford, Stephanie Garrastazu, Olivia Gerry, Noah Gochie, Megan Goodwin, Sara Greenleaf, Zach Harding, Colin Harris, Matt Hodgkins, Kayla Hood, Brandon Johnstone, Emily Kelley, Alexis Kidder, Madison Labbe, Anna Lane, Andrew Lanoix, Alexander Lawnsby, Elizabeth Leclerc, Hunter Ledoux, Isaac Libby, Xavier Lundrigan, Rosalie Mahoney, Rebecca Malloy, Jacob Marino, Taylor Martin, Jonathan McConologue, Cheyenne Merrifield, Joseph Merry, Steele Muchemore-Allen, Kimberly Murphy, Alexis Nelson, Madeline Pearson, Sydney Pepin, Zoe Petit, Jane Petit, Morgan Pike, Max Place, Kristiana Poland, Maggie Redman, Leah Ryan, Garredd Sanborn, John Shirk, Stephen Sinapius, Kaylee St.Laurent, Natalie Thayer, Hannah Vallee, Marissa Valliere, Kurtis Weymouth, Winter Whitten, Cassandra Wiseman. Super job!

Congratulations go to Elaine Dudley on her All State Swim Team selections. Elaine was named All State in the 200 Freestyle, 100 Freestyle and was chosen to be on the All State 400 Relay Team! Great Job Elaine!!

Congratulations go to Andrew Lanoix for receiving his Eagle Scout award last week! Well done Andrew!

MHS Department Highlights

Social Studies

- Psychology Classes just finished their Brain Unit and are moving on to their Memory Unit. In this unit, we will be testing which is better, cramming, not studying or studying in a Memory Simulation.
- 21st Century Classes finished their first standard and will be moving on to the India and Pakistan Conflict.
- AP Government students are writing bills for mock congressional sessions.
- AP US History students will be going to Gettysburg from April 13-16.
- Sophomore US History students will be completing their study of the Civil Rights movement by comparing Civil Rights in the 1950's and 1960's to racial issues today.

ART Department

- **Ceramics B** students have been working on coil pots inspired by the ancient Jomon Pottery from Japan as well as Soft Slab Vessels inspired by the Italian Renaissance. Students are learning more about how to shape pieces as they hand build to create more symmetrical and functional work. These projects will be displayed within the next two weeks at MHS.
- **3D Design I** students are creating cardboard letter sculptures, which will be painted or collaged in a design of the student's choice.
- **3D Design II** students are designing and building illuminated paper sculptures. These functional light sculptures use different papers to create varying levels of translucency and shadows. Students are creating a wide variety of forms including a jellyfish, a birdhouse, a lava lamp, a drum set as well as many others.
- **Foundations of Art B** students are doing a variety of practice exercises for color mixing and painting techniques, which will lead to a landscape painting.
- **Printmaking** class have created monotypes. This is a process where watercolors or ink are applied to Plexiglas to create an image. Paper that has been soaked in water is put on top of the Plexiglas and put through a printing press to transfer the image to paper.
- **Painting** classes just finished their first big project in which most students focused on copying masterpieces. In looking at and then trying to duplicate the work of the old masters students are learning a variety of processes to take into their next work. They're learning different ways to use the paintbrush, different strokes to apply paint with and different colors to mix.

Athletic Announcements

Congratulations to the following MHS All SMAA and All State Athletes!

Ice Hockey Boys

Tanner McClure 2nd Team All State

Girls Basketball

Mckenzy Ouellette Honorable Mention All Conference

Mckenzy Ouellette SMAA All Rookie Team

Senior All Star Game

Sarah Guimond

Boys Basketball

Tyus Sprague Ripley First Team All Conference

Ryan Gullikson Second Team All Conference

Dan Amabile Third Team All Conference

Senior All Star Game

Ryan Gullickson, Tyus Sprague Ripley, Dan Amabile and Ryan Gullickson 1000 Point Scorer

Indoor Track

Moriah Biener (HJ) 1st team All Conference

Maquila Dimastrantonio (800M) 3rd team All Conference

Cheering

Megan Lasante First Team All Conference

Elizabeth Schepis Honorable Mention All Conference

Girls Swimming

All State Elaine Dudley 200 Freestyle, 100 Freestyle, All State 400 Relay Team selection

Wrestling

Leo Amabile 1st Team All Conference

Matthew Carroll 1st Team All Conference

Thanks for reading our Weekly Memo!