

HAPPY HOLIDAYS!

UPCOMING DATES

- 12/22 - 1/1 Winter break
- 1/16 11:45 Early release day
- 1/21 No School - Martin Luther King, Jr. Day
- 1/24 2:45 Student Loan Workshop by Horace Mann in the Library
- 1/28 2nd Semester begins



Mustang Theatre Update: Congratulations to all those cast in our One Act Play, Sillyheart, by Billy W. Boone! These students will perform at MHS in early March, and then travel to a host school to perform at the 2019 Regional One Act Festival. Students interested in working behind the scenes on set, props, costumes or makeup still have time to write a one page letter of interest, including experience and what you bring to the table as a member of the group. Letters/emails need to be turned in before we return from break. Everyone may be able to help, but not everyone will be able to go to the festival. The letters will help to choose the best group to represent Mustang Nation and create a beautiful story! FMI Contact CatherineLeavitt@rsu57.org

DEPARTMENT HIGHLIGHTS

WELLNESS

The Wellness Department is a combination of health and physical education. Students need to pass three wellness courses in order to graduate. Wellness A, B and C. This semester Wellness A and C were taught.

In Wellness A students started their physical education portion working on Project Adventure; activities which worked on team building, communication, cooperation and working together in a variety of fun activities. The students have now moved into playing badminton during the physical education portion of the class. In the health classroom some of the Project Adventure topics were covered along with the topics of mental health, suicide prevention and substance abuse.

Wellness C classes focussed on physical fitness during their physical education portion of the class. Students were fitness tested, taught proper workout techniques and put together their own workout plans based on these. The students followed their plans, logged their work outs and have been given opportunities to show improvement through additional rounds of fitness testing. The classroom portion of Wellness C has focussed on communicable and non communicable diseases as well as nutrition.

MATH

Algebra 1A & B classes are learning about a variety of topics in December. Solving multi-step equations, graphing functions, creating scatter plots and lines of best fit, making predictions based on data and equations, and probability are a few of the units students are working on. Geometry students are finishing geometric constructions and proof and beginning their exploration of the properties of quadrilaterals. In Trigonometry the topics of angular and linear velocity are being applied to real life situations, and AP Calculus is starting definite integrals with a driving activity.

Algebra 2A students are learning how quadratic equations connect to object motion with a study of projectile motion using Angry Birds, toy rockets, and free throws to name a few. Mrs. Pellegrino's students will launch marshmallows in a catapult activity, encouraging students to use real data to generate an abstract equation. In Algebra 2B students are creating Functions Family Album scrap books for the unit of Working with Functions.



NJROTC - As the calendar year comes to a close, the Massabesic NJROTC Unit has had a lot of new and exciting events taking place. To begin with, our drill team wrapped up its competitive season with a respectable standing among New England teams. Special Teams Coordinator, Max Sweeney, and Assistant, Andrew Ireland, led a hardworking team to a successful season. Praise goes to the dedicated drill team who worked together, never giving up, and believing in each other!

On December 13th, the entire unit had Annual Military Inspection. This is an event where all cadets were inspected by guest inspector, Commander William Towers, participated in a marching routine around the gym, followed by a concluding ceremony where awards are presented. Our Commanding Officer, Ivalani Callahan, was superb in leading the event. The three platoon commanders were Cadets Maxwell Sweeney, Savannah Burke, and Marcus Ratz. The three guidons were Cadets Andrew Ireland, Brendan Byther, and Keara Galbraith. The nine squad leaders were Cadets Emma Sweeney, Cameron Munroe, Rachael Bonia, Lilly Rabida, Gabby Harriman, Bella Lamontagne, Bell Cote, Jared Fournier, and Zoe Seward. After inspection and a drill performance by the unarmed team, the ceremonial phase began. First, the national anthem was sung by Cadet Rachael Bonia with the Color Guard of Cadets Cameron Munroe, Isabella Lamontagne, Keara Galbraith, and commanded by Andrew Ireland. Then, Cadet Jeffery Fosgate recited the cadet creed. Afterwards, Cadet of the Month awards were presented to Cadets Jeffery Fosgate and Martin Herrin. Cadets who showed hard work in their uniform preparation and performed well in inspection were selected to receive the Exemplary Appearance Award. Those Cadets were: Callahan, Ratz, Sweeney, E., Gallant, Bonia, Malloy, Fleming, Deshaies, Bungori, O'Connor, Harriman, G., Byther, Rabida, Seely, Harriman, R., McCoy, Lamontagne, Okusko, Galbraith, Fournier, Tuck, Seward, Cote - Gendreau, Buda, Paradis, and Lord. Overall the Annual Inspection was a great success and exceeded Commander Towers expectations.

The "Wreaths Across America" Ceremony was conducted, Saturday, December 15th at the Southern Maine Veterans Cemetery. Thirty-three Massabesic NJROTC cadets assisted in laying wreaths on the graves of fallen veterans, led the Pledge of Allegiance (recited by Maxwell Sweeney), handed out flags to community participants, and performed a color guard. This was a great way to honor America's veterans and connect with citizens who paid their respects to Veterans.

NJROTC is having a fundraiser to assist with transportation, and other expenses related to Extended Learning Opportunities. We are selling \$10 Aroma Joe's gift cards. Consider purchasing a card or two to support NJROTC, a program with strong and positive impact within our Community.

STUDENT SPOTLIGHT

Congratulations to the following Honored Students for November:

Maia Alling, Andrew Ames, Bailey Baldwin, Brendan Banks, Jacob Beaulieu, Kaitlyn Bergeron, Rachael Bonia, Annissa Carey, Adriana Carreira, Luke Cloutier, Brady Cormier, Grace Desimone, Kaitlyn Doyle, Mary Duffy, Mikayla Guimond, Zakary Hamilton, Avery Haskell, Landon Herrin, Kayla Hood, Sabrina Howell, Emily Ireland, Mariah Jacobsen, Skylar Lanteigne, Ridley Laprise, Alexis Lestage, Kiley Lord, Nate McConologue, Brianna Mooers, Emma Mullen, Timothy Olcott, Lance Paradis, Abigail Pennington, Hayden Peters, James Phy, Natalie Ricker, kNathan Sabine, Jacob Saucier, Jack St.Laurant, Isabella Tuck.

GUIDANCE

Seniors and their Parents/Guardians: Some college application deadlines have passed but many others are in January and February. Now is the time to meet with your guidance counselor, if you have not done so, and the time work on those college applications. Please make note of deadlines! And ask your school counselor for help! We want to assist!

Guidance is working to reschedule the SMCC On The Spot Admissions Event. Please look for future announcements about this event.

Seniors and their Parents/Guardians - The FAFSA (Free Application for Federal Student Aid) is now available for filing and filing early is encouraged! Those who file earlier are likely to receive more financial aid than those who file later.

Need help filing the FAFSA? FAME (Finance Authority of Maine offers on-line help (FAMEmaine.com/FAFSA); phone help (1-800-228-3734). by email (education@famemaine.com). Use this link for more information from FAME on [Filing the FAFSA](#).

ATHLETICS

MHS Athletic / Activities Schedules 12/22 - 12/29

Saturday 12/22

MHS Indoor Track and Field @ USM	8:30am
MHS Wrestling @ Cony Duals Tournament	9am
MOB Ice Hockey @ Gorham (USM)	8:20pm

Tuesday 12/25

Merry Christmas!

Wednesday 12/26

MOB Ice Hockey vs Scarborough (USM)	12pm
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Thursday 12/27

Indoor Track Practice at USM	1pm-3pm Bus Depart 12pm
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Friday 12/28

Indoor Track Practice at USM	1pm-3pm Bus Depart 12pm
MHS Girls Basketball vs Noble	4:30pm / 6pm
MHS Swim @ Bonny Eagle St Josephs College	12pm

Saturday 12/29

MHS Wrestling Mustang Duals @ MHS	9:30am
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