

MHS NEWS - October 27th, 2017

UPCOMING DATES

- 11/3 - Progress Reports distributed
- 11/6 - Parent Synergy Rollout
- 11/9 - Veterans Day Assembly
- 11/9 - Parent/Teacher Conferences 2:15-6pm
- 11/10 - Veterans Day - No School**
- 11/11 - Project Graduation Scrapbooking Event - 8am-8pm



Parent Teacher Conferences will take place on Thursday November 9th, from 2:15-6:00 pm. The online sign up window is now open.

If you have Internet access, you can obtain a Parent Sign up Guide or tutorial at the following web page: <http://goo.gl/VkdhRx>. This Guide will provide you with an example, and detailed step-by-step explanation of how to work through the sign-up process.

To go “live” and sign up for your conferences, click on the blue box to the right side of the tutorial page link mentioned above. The box is labeled “Massabesic High School Conference Scheduler”. This information is also located directly on the MHS Website. <http://highschool.rsu57.org/>

Freshman Parents: Please note you should only select ONE conference for your son or daughter’s specific team group, as well as any additional teachers such as World Language, Technology, Wellness, etc. Conference names with designation (EAST) are to make you aware of the building location so you can coordinate your building placement effectively.

If you have any difficulties with the scheduling of conferences, please contact the Guidance Secretary, Amanda Cormier, amandacormier@rsu57.org or by phone 247-3141 ext. 2217.

As you may already know, we are moving to a new program called Synergy instead of Infinite Campus for reporting scores. As of now, we are scheduled to have a progress report go home on November 3 and login information for parents on November 6. Parent-teacher conferences will be on 11/9. In the meantime, please contact your child's teachers directly for score updates. Thank you for your continued patience.

Don't miss another fundraiser for Puerto Rico TONIGHT from 8-11PM at School Street Pub in Gorham. All proceeds will go to the fund started by our student Ana Ortiz with the help of the Civil Right Team and other staff members to be sent to the relief efforts for Puerto Rico. Thanks Mr. Ryan and his band for donating their music, time and talent! It will be a fun night for sure!

Parents of Freshman students - On November 20th Cheryl Camire from Maine Behavioral Health will be at MHS to do an hour long suicide prevention presentation to the Freshman class. The purpose of the presentation is to understand the nature of youth suicide, risk and protective factors, warning signs and clues as well as appropriate intervention steps. If you have any questions or concerns regarding the presentation please feel free to contact one of the Freshman guidance counselors:

Marianne Tozier: Grades 9 & 10 L-Z Phone ext.2264
Susan Mulcahy: Grades 9 & 10 A-K Phone ext 2248

Parents/Guardians - At high school we occasionally see students participating in unsafe behaviors, including ingesting substances that are not food, or foods that are not meant to be consumed in quantity, except in seasonings.

One example includes students "challenging" each other to drink hot pepper sauce, or eat habanero peppers on a dare. This rarely has significant health risk although it can cause persistent discomfort and distress, as well as being disruptive to the learning environment at school. A more serious example is students deliberately ingesting hand sanitizer. Hand sanitizers often have an alcohol content of 60% or more, stronger than hard liquors. Other additives along with the high alcohol content can increase the risk of alcohol poisoning and serious health effects. Please be alert to this possibility, and keep the lines of communication open by talking with your teen about not participating in dares, abuse of substances, and other risky behaviors.

The following article link is about hand sanitizers and is from the American Academy of Poison Control Centers: <http://www.aapcc.org/alerts/hand-sanitizer/>

MHS is seeking two students from each grade (9-11) to join Mr. Hand's student leadership team.

The purpose of this group is to meet and discuss topics such as graduation requirements, curriculum, and future graduation ceremonies, as it relates to proficiency based education. Meetings will be held on Thursdays during advisory time in Mr. Hand's office. The goal is to give students a voice in the High School and to discuss important topics. Students can get application information in the guidance office. All applications must be completed and returned by Wednesday, November 1st. Any student is welcome to apply!

Would you like to spend your summer living and traveling in a different country? Please join Mr. Jandreau in the MHS East Training Center on Oct 31 during advisory block for more information.

A big thanks to all for your collaboration to raise funds for Puerto Rico relief efforts. Especial thanks to Ms. Waterman, Mrs. Morse, Mr. Hand, Mr. Scully, the Civil Right team members that baked and made posters and all those students that were at the stand selling. We also thank all the staff members that stopped by to buy and donate. The food sale was a huge success and so was the raffle!



GUIDANCE

SENIORS - Are you applying to college this fall? Did you know that colleges usually want grades from fall of senior year. This means that your PROGRESS REPORT is sent to colleges to update schools on how your senior year is progressing. As you work in your classes this fall, please keep this in mind. Keep those grades up!

SENIORS - On the Spot Admissions at MHS - Four colleges have scheduled upcoming on-the-spot admissions days at MHS. During on the spot admissions, an admissions counselor will review a student's application in person, give an admissions decision on the spot or offer suggestions for further testing or other majors for which the student might be suited. Students will need to submit all pieces of the application ahead of time and sign up for a time slot in guidance in order to participate. See the attached flyer for more info!

UMO On the Spot: Nov. 6th

UNE On the Spot: Nov. 20th

SMCC On the Spot: Nov. 21st

UMF On the Spot: Nov. 30th

SENIORS - FINANCIAL AID FOR COLLEGE: If you are planning to attend college during the 2018-2019 school year, the FAFSA (Free Application for Federal Student Aid) is **NOW** available at <https://fafsa.ed.gov/> Experts encourage the filing of the FAFSA early to ensure that students receive the maximum aid possible.

In-Person FAFSA Help Event for the FAFSA sponsored by the FAME at the Sanford Regional Technical Center at 6:00 PM on October 30, 2017; to register or for more information <https://www.famemaine.com/education/topics/filing-the-fafsa/in-person-help-sessions/>

SENIORS - SAT and ACT TESTING: Many times student scores on the SAT test improve if a student retakes the test. The December 2nd SAT test may be too late for some Early Action/Decision Application deadlines but is usually fine for most Regular Decision and Rolling Admission deadlines. Another test that colleges use for admission purposes is the ACT. Many schools will accept either the SAT or the ACT test and some students do better on one test than the other.

SAT TEST DATE: Saturday, December 2, 2017

Registration Deadline: November 2, 2017 at collegeboard.org

ACT TEST DATE: Saturday, December 9, 2017

Registration Deadline: November 3, 2017 at actstudent.org

JUNIORS & SENIORS:

College Rep Visits

Over the next few months, dozens of college admissions representatives will be visiting Massabesic to meet with students. These visits are a great way for students to learn more about colleges & universities and we encourage students to attend. Upcoming visits include:

October

30- Emerson College @ 12:30 pm

31- Endicott College @ 12:30 pm

November

1- Mount Ida College @ 9:15 am

2- Southern New Hampshire University @ 9:15 am

2- Keene State College @ 10:00 am

2- New England School of Communications at Husson University 11:30 am

WEEKLY FACTOID

Maine is currently the oldest state in the country. Moving forward, as more people head into retirement and as the job market changes, economic development experts are predicting that 60% of Maine's working residents will need either a 2 year or a 4 year educational degree if the state is to prosper and the jobs available to workers are to be filled. Currently, in Aroostook County, only 20% of the population holds a 2 or 4 year postsecondary degree. In the rest of Maine 40% of the population currently holds these higher education degrees. ~ This information was shared at a recent counselor luncheon by Dr. John N. Short, President of the University of Maine Fort Kent.

Visit the [MHS Counseling Website](#) for a full list of upcoming rep visits. Students are asked to sign up ahead of time in the counseling office.

DEPARTMENT HIGHLIGHT

SCIENCE

This week in Chemistry, students held debates on nuclear power. They gathered information on the pros and cons of nuclear power, and then debated the various topics involved in nuclear power. The debates overall were a success, with students from each side offering strong points, being respectful debaters and responsible listeners.

Students from the Science Workshop class travelled to Line Elementary School on Thursday to visit Mrs. Wescott's fourth grade class. The high school students were in charge of creating and teaching a lesson on physical properties and physical changes. The lesson included mixing colored water to show physical changes and separating out the colors using chromatography. Melting crayons with a hairdryer to show a physical change was a big hit with the fourth graders. The lesson ended with a kahoot and analyzing the physical properties of candy! Thank you to Mallory Mulrath, Nicholas Myers, Vincent Smith and Richard Lane for all their hard work!

Two guest speakers came last week to speak to Ms. Pennell's Animal Science class on feeding and pasture management. Allison Wilsheare, an Animal Nutritionist representing Cargill, spoke to students about her career path and education needed for a career in animal nutrition. Several students brought in hay samples several weeks prior to the talk that were tested in a laboratory. An "Equine Forage Analysis" was provided for all students that provided samples. The analysis listed carbohydrates, proteins and fats as well as the presence of many necessary minerals. Students learned about body scoring and how to calculate appropriate feeding based on their forage results and animal condition. Students also viewed various samples of feed ingredients and what goes into making a bag of animal feed. Andy Cole, representing Andy's Agway in Dayton, Maine, spoke about how to perform and read a soil test. He also discussed ways to manage pasture to ensure proper grass growth. Thank you to these community members for a helpful and informative lesson!

MHS Athletic Announcements 10/23-10/28

Cross Country Teams Qualify for States

Good luck to the MHS Cross Country Teams as they travel to Twinbrooks in Cumberland this Saturday to compete in the State Championship Meet. Both MHS boys and girls teams have qualified. The Class A Girls run at 12:30pm and the Class A Boys run at 1:05pm. Good Luck Mustangs!

Open Gym

Open gym has started and will be open M-Th from 2-4pm.

Weight Room

The weight room will be open after school beginning Monday 10/30. It will be open each day school is open M-Th for the remainder of the school year. This time is open for all students. There is an Activities department approved training program that will be followed by all who use the room during this time. Gym clothes and sneakers are required to participate.

Deputy's Dispatch

10-27-2017



Did you know?

§1916. Reflective and tinted glass

1. *Windows to be unobscured. A person may not operate a motor vehicle required to be registered in this State and an inspection mechanic may not issue a certificate of inspection for a motor vehicle, if:*

A. *A window is composed of, covered by or treated with any material that is reflective;*

B. *The front windshield is composed of, covered by or treated with a material that reduces the light transmittance through the window more than the original installation window or an original replacement window;*

C. A side window or rear window is composed of, covered by or treated with a material that allows a light transmittance of less than 35% net of glass and material; or

D. *A front windshield, front door window or window at either end of a rear passenger seat does not contain 2-way glass that provides the occupants with a clear view of the road and a person outside the vehicle with a clear view of the occupants and the interior of the vehicle.*

3. Light transmittance certificate. The owner or operator of a motor vehicle with tinted windows that are not replaced in accordance with Federal Motor Vehicle Safety Standard 205 or windows covered by or treated with tinting material must acquire a light transmittance certificate and must show the certificate to the inspection mechanic at the time of inspection.

4. **Violations.** *A person may not:*

A. *Install a replacement window in or window-tinting material on a motor vehicle that does not meet the standards of subsections 1 and 2;*

B. *Fail to issue a certificate as required by subsection 3, after installing for compensation a tinted replacement window or window-tinting material;*

C. *Alter the window-tinting materials after a certificate has been issued pursuant to subsection 3 and then display the certificate as proof that the windows meet the standards of subsection 1 or 2;*

D. *Display or permit to be displayed a light transmittance certificate, knowing the certificate to be fictitious or issued to another motor vehicle or issued without the motor vehicle meeting the standards of subsection 1 or 2;*

E. Knowingly cause a light transmittance certificate to be issued for a motor vehicle that does not meet the standards of subsection 1 or 2;

F. Operate or cause the operation of a motor vehicle that does not meet the requirements of this section;
or

G. Fail to return all unissued light transmittance certificates to the Bureau of State Police in accordance with subsection 3.

5. Presumption. If the operator of a motor vehicle with a tinted replacement window or window-tinting material installed fails to produce a certificate as required by subsection 3 on the request of a law enforcement officer, it is presumed that the motor vehicle does not meet the requirements of this section.

Fine \$135.00

Deputy Jason M Solomon

Meet Your Local Heroes

SATURDAY, OCTOBER 28, 2017

10AM TO 2PM at

CALL'S
Shop'n Save
SUPER MARKETS

**POLICE
SHERIFFS
FIRE • RESCUE**

Shake a Hand - Take a Picture

**Meet and 'Thank' the men & women who
are on the First Responder Front Line!**

Meet & Greet with:

- ★ York County Sheriffs
- ★ Oxford County Sheriffs
- ★ Maine State Police
- ★ Maine Warden Service
- ★ Maine Marine Patrol
- ★ York County EMA
- ★ Your Local Firefighters
- ★ Your Local EMTs/Paramedics
- ★ Sacopee Valley Health Center
and more - all in one location!

Special Events:

- ★ Life Flight Chopper
- ★ SP K9 Demonstration
- ★ EMA "Drone" Demo
- ★ Drug Take Back
- ★ Blood Pressure Checks
- ★ Health Reps SVHC
- ★ Police/Fire/Rescue vehicles

Please Come & Show Your Support!

First Responders Appreciation Day!



Sponsored by

CALL'S
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SUPER MARKETS

**take back
YOUR MEDS**

Turn in your unused or expired
medication for safe disposal

Saturday, October 28
10am to 2pm
at Call's
Shop'n Save

Includes Unused or
Expired:

- Prescription Medications
- Pet Medications
- Vitamins

dispose
unused