

MHS NEWS - October 26, 2018

UPCOMING DATES

- 10/29 6:00 - 8:00pm - Winter Sports Parent Meeting in the Gym
- 11/1 9:00 - 11:00am - Junior Financial Fair in the Gym
- 11/5 Senior Meeting for cap and gown information during Advisory
- 11/7 Early release day
- 11/8 2:15 - 6:00pm - Parent-Teacher Conferences
- 11/9 Senior cap and gown order collection during lunches
- 11/10 8:00am - 8:00pm - Project Graduation Scrapbooking Event in the Library Media Ctr.
- 11/12 Veteran's Day - No school
- 11/15 6:00 - 7:00pm - Project Graduation Parent Meeting in the Library Media Ctr.
- 11/20 6:00 - 8:00pm - Curriculum & Instruction Community Information Night at the Middle School Cafeteria
- 11/21 - 11/23 Thanksgiving Break



Parent/Teacher conferences are filling up fast! If your child's teacher schedule is full, please email them directly to set up a time to meet with them. You may sign up for conferences by going to www.rsu57.org, then to the High School page. There is a yellow link for conferences on the home page. If you have any issues, please contact Audree Roy at audreeroy@rsu57.org.

Advanced Placement (AP) course fees are now due. If you have not yet submitted your payment, please do so ASAP or contact the Guidance Department.

Maine Health is offering a free online interactive class *VAPING: The Target is our Teens* on Tuesday, October 30th from 11:30 to 12:30. [This is open to staff and parents.](#) REGISTER HERE: [Vaping: The Target is Our Teens](#)

Join a panel of Maine experts for an interactive discussion on vaping, JUUL and electronic nicotine delivery systems (ENDS). Find out about what your teens likely already know about vaping, and what young Mainers are telling our panelists about how they are using these products. You will also have an opportunity to see some of the most common devices, receive tips from a local high school substance abuse counselor on how to talk to teens about vaping, and get the latest information on Maine law regarding ENDS and usage among Maine teens. Join us to get your questions answered, so you can be better prepared to talk to the teens in your life! Sincerely, Nancy Sobanik, RN, Massabesic School Nurse

Progress Reports are now available on the Parent/Student Portal. Freshman progress reports were sent home with students on Wednesday. If you do not have internet access, and need a hard copy, please contact the Guidance Department. If you have not yet received your account information to activate your account, please contact Audree Roy at audreeroy@rsu57.org.

Project Graduation Parent Group is looking for student volunteers on Friday, November 9, 5pm - 8pm and Saturday, November 10, 9am - 7:45 or 9pm. For more information, please email cindyparadis@rsu57.org.

GUIDANCE

Seniors - When applying to college, colleges want to see fall of senior year grades. Thus, at Massabesic High School, progress reports are the grades that are sent. Please keep those senior grades consistently high to show your best academic abilities!

Seniors - On The Spot Admissions! This is a great opportunity for seniors to apply to colleges and to have the opportunity to impress a college in person. Please refer to the attached flyer for details on how to participate and an explanation of the benefits. This is a great opportunity for a senior interested in one of these five colleges: Southern Maine Community College, University of Maine Orono, University of Southern Maine, University of New England, & University of Maine at Farmington. Sign up ASAP!

Seniors and their Parents/Guardians - The FAFSA (Free Application for Federal Student Aid) is now available for filing and filing early is encouraged! Those who file earlier are likely to receive more financial aid than those who file later. Need help filing the FAFSA? FAME (Finance Authority of Maine offers on-line help (FAMEmaine.com/FAFSA); phone help (1-800-228-3734). by email (education@famemaine.com).

In person help needed to file the FAFSA?

- Oct 30 - FAME will be at the NEW Sanford High School and Regional Technical Center (Enter through the front door; held in rooms A-224 and A-228)
 - 5:30 PM - Create FSA ID
 - 6:00 PM - FAFSA Presentation and Lab

Use this link for more information from FAME on [Filing the FAFSA](#).

Juniors and Seniors - Visit with a representative from one of the following colleges! Sign up in the Guidance Office!

Mon., Oct. 29th - 10:15 AM: New England College (Henniker, NH)

Wed., Oct. 31st - 9:00 AM: Southern New Hampshire University (Manchester, NH)

- 10:15 AM: Washington County Community College (Calais, ME)

- 12:30 PM: St. Joseph's College (Standish, ME)

Thurs., Nov. 1st - 8:00 AM: Emmanuel College (Boston, MA)

- 9:00 AM: St. Michael's College (Colchester, VT)

- 12:00 PM: Colby College (Waterville, ME)

- 12:30 PM: University of Tennessee (Knoxville, TN)

Fri., Nov. 2nd - 8:00 AM: Springfield College

- 12:30 PM: Elmira College (Elmira, NY)

Tues., Nov. 6th - 12:30 PM: Embry-Riddle Aeronautical University (Daytona Beach, FL)

Thurs., Nov. 8th - 8:00 AM: Central Maine Community College (Auburn, ME)

- 9:00 AM: Keene State College (Keene, NH)

- 10:15 AM: Husson University (Bangor, ME)

Seniors - Register for the next SAT test:

TEST DATE: December 1, 2018

REGISTRATION DEADLINE: November 2, 2018

Register at Collegeboard.org

Seniors - Register for the next ACT test:

TEST DATE: December 8, 2018

REGISTRATION DEADLINE: November 2, 2018

Register at ACTStudent.org

Seniors and their Parents/Guardians: Concerned about the cost of a college education? Did you know that four Maine Universities offer Tuition Free programs for eligible Maine students who demonstrate financial need? Some limitations apply but check out the links below for more information - and know that as with many things, if interested, applying early is advised!

[University of Maine at Presque Isle](#)

[University of Maine at Fort Kent](#)

[University of Maine at Machias](#)

[University of Maine at Augusta](#)

Seniors and their Parents/Guardians: Want information about [Maine's Community Colleges](#)? Check out their website. [Many majors](#) - related to careers in many industries (mechanical, technical, medical, business, and many more!) are available in ONE AND TWO year programs. Did you know that financial aid is available at all Maine Community Colleges and that the [average cost for one year at a Maine Community College](#) for students who attend classes and live on campus can be as low as \$10,000 a year (varies by campus)? And if a student did not live on campus, for one year the average cost would be around \$5,000. A Maine Community College education can be an economical way to train for one's future career!

Career Exploration! Are you a student interested in Athletic Training? The University of Maine is offering a free exploratory workshop (lunch included) such that high school students can explore Athletic Training as a career path from 9am-3pm on November 10th. Registration for this event closes on October 31st! FMI please see the attached flyer.

ATHLETIC ANNOUNCEMENTS

The Winter Sports Meet the Coaches Night will be Monday, October 29 at 6pm in the MHS Gym. All athletes wishing to play a winter sport are expected to attend with a parent or guardian. This will be your opportunity to meet the staff, get organizational information about practices and try outs and ask any questions you may have. Teams will meet individually in separate rooms after a large group meeting in the gym.

Good luck to the Boys and Girls Cross Country Teams who compete in the State Championship this Saturday at the Troy Howard Middle School in Belfast! Stay tuned for changes as the weather looks bad!